

Lauren has been learning dance for the past 18 years. Her training has been extensive in the R.A.D ballet syllabus, jazz and tap. Her exam results from the lower grades, through the majors, and higher grades have all been met with distinction. Ballet is her passion.

Lauren has also competed successfully in specialized workshops and competitions. Lauren recently completed a 2 year intensive Diploma of Dance Teaching and Management Course at Box Hill Tafe where again she received high distinctions for ALL her subjects. This accredited and highly regarded course was run by the well known Dianne Parrington.

The course includes practical classes in Russian ballet, jazz, contemporary, character and body conditioning. Theory classes included teaching methods, applied teaching, theories of learning, teaching strategies, safe-dance practice, dance composition, dance-related music, anatomy, childhood & adolescent development, occupational health and safety, business studies and first aid. Lauren passed both 1st and 2nd year with excellent results, receiving distinctions in all subjects.

Lauren's love and enjoyment of dance is what she aims to instil in all her students.